



Eating the Rainbow WITS BIT Supplemental Materials

- [Eat the Rainbow Chart](#)
- [Eat the Rainbow Coloring Page](#)
- [Eating The Rainbow Board Example](#)
- [Eating the Rainbow Graphic \(middle school, high school, parent classes\)](#)
- [Eating the Rainbow Handout](#)
- [Graphic for 5 a day Serving Sizes \(grades 3-5\)](#)
- [Graphic for Serving Sizes for Fruit \(Grades 6 and up\)](#)
- [Graphic for Serving Sizes for Vegetables \(Grades 6 and up\)](#)
- [Phytonutrients Infographic \(for high school students and adult participants\)](#)
- [Salad Bar Signs](#)
- [Salad Bar Signs - High School](#)