

PILOT^{FLAME}LIGHT food education in action

ADVOCACY BOOK LIST FEATURING



Food advocacy for students is an essential part of comprehensive Food Education. That is why Pilot Light's seventh Food Education Standard is all about students' ability to advocate for changes to the food systems they belong to, including local, national, and global.

Readers to Eaters' Food Heroes Series tells the stories of people who embody FES 7: people who have dedicated their lives to building a better food future for their communities.

FOOD EDUCATION STANDARD 7:

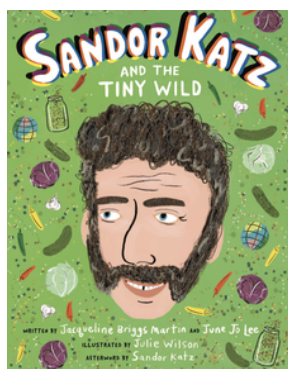
We can advocate for food choices and changes that impact ourselves, our communities, and our world.



FARMER EVA'S GREEN GARDEN LIFE

Farmer Eva Sommaripa founded Eva's Garden in South Dartmouth, Massachusetts, a place "so close to the ocean, she can smell the sea, so close to woods she can talk to trees." More than 50 years later she has grown a big green garden life of friends and neighbors, creatures that crawl, fly and slither, even microbes that create rich soil in the brown underground. Meet farmer Eva, and share the magic, beauty, and science of life on the farm and caring for the land.

ISBN 978-0998047775 / [Link](#) / Also available in [audiobook](#)



SANDOR KATZ AND THE TINY WILD

Sandor Katz's love of fermented food started with kosher dill pickles he ate as a New York City kid. As an adult, he left the busy city and moved to a queer community in the mountains of Tennessee. There, his friends grew their own food, cooked and ate together, and sometimes danced in drag when the work was done. One day, the cabbages were all, ALL ready to be harvested. What to do? Sandor tried to make sauerkraut. Delicious! He kept experimenting, finding old recipes, combining old ideas to make something new. Then, he shared what he learned in bestselling books, in classes, and with a growing group of friends around the world.

ISBN 978-0998047713 / [Link](#) / [Companion lesson available on the FEC](#) / [Audiobook](#)



CHEF ROY CHOI AND THE STREET FOOD REMIX

"Sohn maash" is the flavors in our fingertips. It is the love and cooking talent that Korean mothers and grandmothers mix into their handmade foods. For Chef Roy Choi, food means love. It also means culture, not only of Korea where he was born, but the many cultures that make up the streets of Los Angeles, where he was raised. So remixing food from the streets, just like good music—and serving it up from a truck—is true to L.A. food culture. People smiled and talked as they waited in line. Won't you join him as he makes good food smiles?

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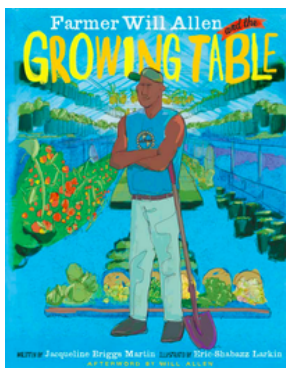


ALICE WATERS AND THE TRIP TO DELICIOUS

Chef Alice Waters has always been friends with food.

The search for good food led Alice Waters to France, and then back home to Berkeley, California, where she started Chez Panisse restaurant and the Edible Schoolyard. For Alice, a delicious meal does not start in the kitchen, but in the fields with good soil and caring farmers.

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FARMER WILL ALLEN AND THE GROWING TABLE

Will Allen is no ordinary farmer. A former basketball star, he's as tall as his truck, and he can hold a cabbage, or a basketball, in one hand. But what is most special about Farmer Will is that he can see what others can't see. When he looked at an abandoned city lot he saw a huge table, big enough to feed the whole world. No space, no problem. Poor soil, there's a solution. Need help, found it. Farmer Will is a genius in solving problems. In 2008, the MacArthur Foundation named him one.

Jacqueline Briggs Martin, author of the Caldecott winner, *Snowflake Bentley*, tells the inspiring story of an innovator, educator, and community builder. Combined with artist Eric-Shabazz Larkin's striking artwork, readers will share Will Allen's optimism and determination to bring good food to every table.

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