PILOT LIGHT
Anywhere

Sharing Food with Our Community

Lesson written in partnership with
Readers to Eaters

Grade Levels & Subjects: Early Childhood and K - 2 English Language Arts

Learning + Food Objectives:
Students will learn how we can advocate for food choices and changes that impact our communities through reading Zora's Zucchini and exploring how sharing resources, like food, can make communities stronger.
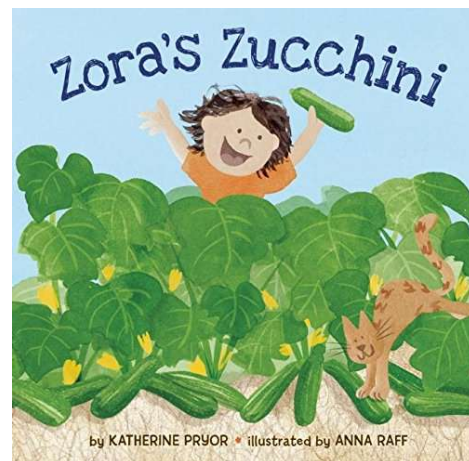
Common Core Standards:
Common Core English Language Arts

Explaining with details

CCSS.ELA-LITERACY.W.1.2
Write informative/explanatory texts in which they name a topic, supply some facts about the topic, and provide some sense of closure.

MATERIALS NEEDED

- Whiteboard or online platform
- *Zora's Zucchini* by Katherine Pryor, illustrated by Anna Raff, and published by Readers to Eaters
  - Read aloud video available here: https://www.youtube.com/watch?v=fDODYIFgU-I
  - Book also available in Spanish: *Las Calabacitas de Zora* by Katherine Pryor, illustrated by Anna Raff
- Student Worksheet (Attached below)

CLASSROOM PROCEDURE

INTRODUCTION (10 - 15 minutes)
1. Tell students that today we will be learning about how sharing resources can make their community stronger.
2. Discuss as a class:
   - What do you share with classmates?

- What do you share with your family?
- What do you share with your neighbors?
- How is this helpful?

3. Teacher can create a list of shared resources gathered from the class discussion either on a white board or an online platform.
4. Teacher will introduce the book, *Zora's Zucchini* by Katherine Pryor. Teacher will explain that they are going to read a story about a girl who had a problem with a big garden but found a solution that helped everyone in her neighborhood!

INSTRUCTION (30 minutes)

1. Read aloud the text *Zora's Zucchini* by Katherina Pryor, illustrated by Anna Raff, or watch the author, Katherine Pryor, read the text (https://www.youtube.com/watch?v=fDODYIFgU-I).
2. Discuss with students:
   - What was Zora's problem?
   - What was her solution to the problem?
   - How did this solution help the people in her community?
3. Ask students to think about a food that they would want to share with others in their community. This could be something they have grown or a dish they like to eat that was made at home or bought at a store or restaurant.
4. Have several students share out their ideas verbally.
5. Ask students to (independently or with the help of an adult) draw a picture of a food they would want to share and who they would want to share that food with. Depending on the level of the student, they can also write a sentence about their picture using the sentence starter provided.

CLOSING (5 - 10 minutes)

1. Discuss with students how sharing makes a community stronger. Ask students to share why sharing is good idea. How does it help our class, our community, our families?
2. Students can share their work with peers, family members, and/or post in shared school spaces.

ADDITIONAL RESOURCES

- Spanish reading of *Zora's Zucchini*:
  - *Las Calabacitas de Zora* by Katherine Pryor, illustrated by Anna Raff - https://www.facebook.com/CommonThreadsFarm/videos/899616377266053
- Example of gardens created by students:
  - "Kids in Action" by PBS Kids - https://pbskids.org/arthur/health/nutrition/kids-action.html
- Ideas for getting a garden started:
  - Big Green - https://biggreen.org/where-were-growing/chicago/

The student worksheet below can be printed or copied onto any online learning platform.

Sharing Food with Our Community

Depending on the level of the student, this activity can be completed independently, with the help of someone else, or questions could be answered orally to show understanding.

Answers can be written using words or drawings.

Draw a picture of food you would want to share and who you would share with your community.

I would share _____ with _____

because _____

_____