

Kasama Means Together: Longanisa

Family Letter

Food Education Standard 1: Food connects us to each other.

Dear family,

Today, we learned that **food connects us to each other**. We

learned about the Filipino

sausage longanisa. We learned about different variations from various regions of the Philippines. We watched a video featuring Chefs Tim and Genie from Kasama, a Filipino restaurant in Chicago. They talked about how their longanisa connects them to their family history and how serving longanisa at their restaurant helps them connect and build community with their diners. We learned that eating with another person or people helps you learn about each other, especially if that dish is special to them or to you. Each student wrote a story about a time that they ate a special dish with someone and how that felt.



Questions to ask:

- What are some breakfast foods (sausages or something else) that we have eaten before?
- What is a dish that makes you feel connected to others?
- What can we learn about someone by the food that they eat?
- How could food help you teach others about who you are?

Vocabulary:

- Caramelize [**kar-uh-muh-lahyz, kahr-muh-**] (verb) - to change into caramel by heating at a high temperature
- Region [**ree-juhn**] (noun) - a broad geographic area
- Savory [**sey-vuh-ree**] (adjective) pleasing to the taste or smell
- Tradition [**truh-dish-uhn**] (noun) -the handing down of information, beliefs, or customs from one generation to another
- Variation [**vair-ee-ey-shuhn**] (noun) - a version of something with some differences from the typical or original

Scan the QR code to watch the video from our lesson.

[Pilot Light in One Bite - Longanisa Sausage with Kasama Chefs Genie & Tim! on Vimeo](#)



Learn more about Pilot Light at pilotlightchefs.org, and check out Pilot Light's Food Education Center (foodedu.pilotlightchefs.org) for free food education lessons and resources for home and school.